

Victress Bower Lunch Menu

Lunch

FRUIT, VEGETABLE, AND CHOICE OF MILK

Served Daily

Kickin Chicken Nuggets w/ Goldfish Crackers

Plant-Based Nuggets w/ Goldfish Crackers & Roll

ALL GRAINS ARE WHOLE GRAIN RICH!

ALL STUDENTS EAT FREE!

CHECK OUT OUR NEW MENU ITEMS!

*pepperoni pizza contains pork

TUESDAY MONDAY

WEDNESDAY

THURSDAY

FUN FRIDAY!

Chicken & Cheese Quesadilla

w/Fresh Salsa **HAWAIIAN!** or Cheese Pizza

Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

ABC Chicken Nuggets! Pepperoni or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Bean & Cheese Burrito Fresh Fruit & Veg 1% White Milk or Nonfat Chocolate

Mini Corn Dogs Pepperoni or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat Chocolate Milk

Famous Turkey Hot Dog

Fresh Fruit & Veg

1% White Milk or Nonfat

Chocolate Milk

Crispy Chicken Sandwich Fresh Fruit & Veg 1% White Milk or Nonfat Chocolate Milk

Cheeseburger or Hamburger

Fresh Fruit & Veg

1% White Milk or Nonfat

Chocolate Milk

BBQ Rib Sandwich HAWAIIAN! or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Orange Chicken w/Rice & Steamed Broccoli Pepperoni or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Spaghetti w/Meat Sauce & Garlic Pepperoni or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat

Chocolate Milk

Terivaki Chicken w/Rice & Steamed Broccoli Pepperoni or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Crunchy Turkey Taco w/Fresh Fresh Fruit & Veg 1% White Milk or Nonfat Chocolate Milk

Turkey & Cheese Hoagie Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Bean & Cheese Burrito

Fresh Fruit & Veg

1% White Milk or Nonfat

Chocolate Milk

Mini Corn Dogs Pepperoni or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Crispy Chicken Drumstick w/

Cornbread Muffin

Pepperoni or Cheese Pizza

Fresh Fruit & Veg

1% White Milk or Nonfat

Chocolate Milk

Crispy Chicken Sandwich Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Turkey & Gravy w/Mashed Potatoes & Roll **HAWAIIAN!** or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Cheesy French Bread w/ Marinara HAWAIIAN! or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat

Mini Cheeseburger Twins Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Chocolate Milk

Chicken & Cheese Quesadilla w/Fresh Salsa **HAWAIIAN!** or Cheese Pizza Fresh Fruit & Veg 1% White Milk or Nonfat **Chocolate Milk**

Fruit and Vegetable Offerings

Applesauce **Steamed Broccoli Baby Carrots**

Cupped Peaches Steamed Corn

Banana **Tater Tots Baby Carrots**

Banana Feta Bean Salad

Applesauce Green Beans

